

Parent Learning Journey Road Map - Autumn Term 1, 2026

Reception & Year 1 | Year A | ALL ABOUT ME

Our Big Question

Who am I and what makes me unique?

Curriculum intent: Developing identity and belonging through talk, stories, play, observation and practical investigation.

Communication, Language, English & Phonics

Reception: Classroom routines, attentive listening, talk about self, family and feelings. Drawing Club develops oral storytelling, mark making and early writing. Little Wandle Phase 2 introduces graphemes and oral blending.
Year 1: Daily spoken language, reading, phonics and writing; describing experiences, asking questions and discussing texts.

Science / Understanding the World

Reception: Explore the body, family, home and community; notice autumnal change and investigate the local environment.
Year 1: Identify and label body parts, link senses to body parts, sort living and non-living things, ask questions and observe closely.

PE / Physical Development

Reception: Threading, cutting, weaving, playdough and pencil control; throwing, catching, balancing and kicking.
Year 1: Swimming and gymnastics.

History, Geography & Our World

Reception: Use family stories, photographs and experiences to talk about the past. Explore homes, school and the local environment.
Year 1: Personal/family history and geographical vocabulary are explored through meaningful enquiry links; no discrete units this half term.

Design, Construction & Making

Reception: Develop fine-motor control, planning and problem solving through construction, model making and small-world provision.
Year 1: Construction and making enrich the enquiry through purposeful classroom opportunities.

Mathematics

Reception: Mastering Number and provision explore numbers to 5 through counting, matching and comparing quantities.
Year 1: Daily maths uses practical and pictorial representations, mathematical talk and problem solving.

PSHE / Personal, Social & Emotional Development

Me & My Relationships: Build friendships, recognise and manage feelings, develop independence and learn respectful classroom relationships.

Values, Belonging & Religions and Worldviews

Christian Value: Courage
British Value: Mutual respect - we are all unique
Reception: Explore special people and belonging.
Year 1: Nature of Humanity: What does it mean to belong?

Computing & Online Safety

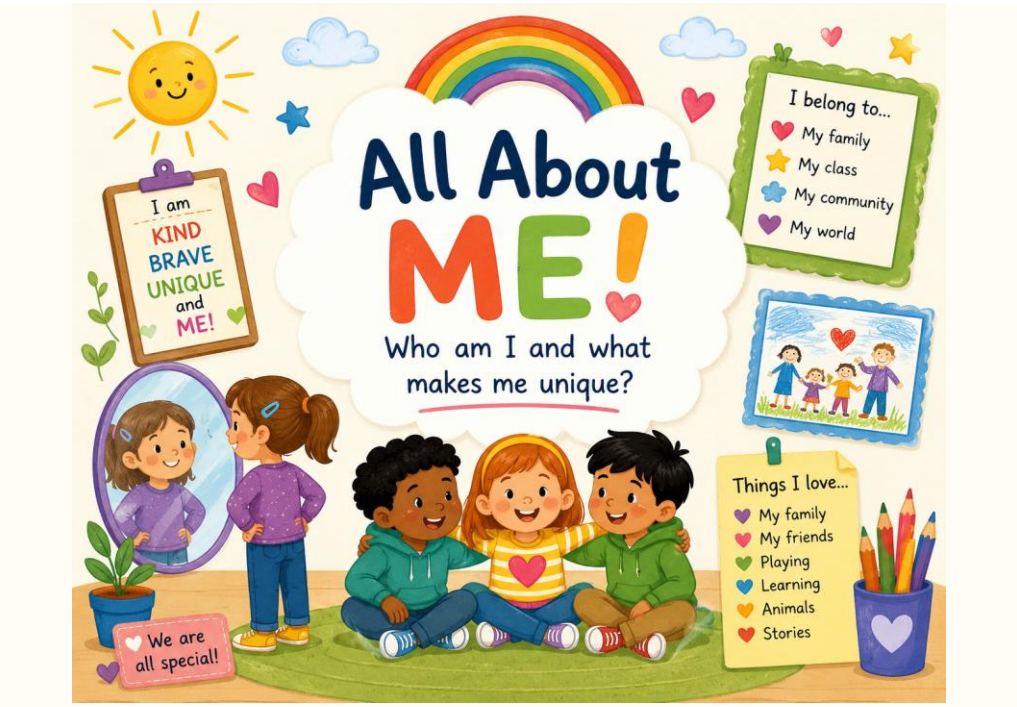
Reception: Explore technology around us and use familiar devices safely with adult support.
Year 1: Use technology safely and respectfully, keep personal information private and seek help from a trusted adult.

Art & Expressive Arts

Reception: Create self-portraits and autumn collages; explore colour, texture, painting, natural materials and imaginative role play.
Year 1: Use drawing and painting to create self-portraits and communicate feelings through line and colour.

Music, Movement & Imaginative Play

Reception: Sing familiar songs, explore sound and rhythm, and represent home, family and feelings through role play and movement.
Year 1: Use singing, rhythm, movement and performance across the wider curriculum.



Key Vocabulary to Talk About at Home

Reception: unique, family, home, community, belong, same, different, feelings, body, senses, autumn, change, safe
Year 1: human, body part, sense, sight, hearing, smell, taste, touch, observe, question, living, non-living, unique, belong, private, respectful

By the End of the Half Term...

Reception: Talk about self, family and feelings; build relationships; count and recognise numbers to 5; recognise some Phase 2 graphemes; begin oral blending; write recognisable letters/name; describe autumn changes and express ideas creatively.
Year 1: Identify body parts and senses, ask simple scientific questions, create expressive self-portraits, explain safe technology choices, develop ball skills and explain belonging.